

**Wanek Center** in Arcadia Senior Dining  
Sponsored by Aging & Disability Resource Center (ADRC)  
Of Trempealeau County

Serving Wednesday and Friday 11:30 am to 12:30pm

Reservations required by calling 608-409-2470

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Suggested Donation is \$4.00 per meal

**September 2022**

September 2:

Friday: Pub Burger, Chips, Coleslaw, Dessert

September 7 & 9:

Wednesday: Chicken Salad Croissant, Chips, Seasonal Fruit, Dessert

Friday: Turkey Club Hoagie, Chicken Noodle Soup, Dessert

September 14 & 16:

Wednesday: Taco Salad w/ Tortilla Chips, Seasonal Fruit, Dessert

Friday: Chicken Caesar Wrap, Chicken Dumpling Soup, Dessert

September 21 & 23:

Wednesday: Hot Shredded Chicken Sandwich w/ BBQ Sauce, Seasonal Fruit, Cold Noodle Salad, Dessert

Friday: Pub's Chefs Salad w/ Garlic Bread, Seasonal Fruit, Dessert

September 28 & 30:

Wednesday: Grilled Chicken Sandwich, Broccoli & Cheese Soup, Dessert

Friday: Shrimp Alfredo w/ Garlic Bread, Side Salad, Dessert

*Menu items are subject to change due to item availability and unexpected shortages or shipment delays.*